

# Helping Keep Children Safe Online

**For Parents**

😊 **Welcome** 😊

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# Age Restrictions on Facebook

- Facebook requires individuals to be at least 13 years old before they can create an account. In some jurisdictions, the age limit may be higher.
- Providing false information to create an account is always a violation of the Statement of Rights and Responsibilities.
- This includes accounts registered on the behalf of under 13 year old children by older parties.
- <http://www.facebook.com/clickceop>



# Advice for parents on cyberbullying

- Be careful about denying access to the technology
- Understand the tools
- Discuss cyberbullying with your children
  - always respect others
  - treat your passwords with care
  - block/delete contacts & save conversations
  - don't reply/retaliate
  - save evidence
  - make sure you tell
- Report the cyberbullying
  - school
  - service provider
  - police



# SMART rules



**SAFE** – Keep safe by being careful not to give out personal information – including full name and email address to people who you don't trust online.



**MEETING** – Meeting up with someone you have only been in touch with online can be dangerous. Only do so with your parent's/carer's permission and even then only when they can be present.



**ACCEPTING** – Accepting e-mails, IM messages or opening files from people you don't know can be dangerous – they may contain viruses or nasty messages!



**RELIABLE** – Someone online may be lying about who they are, and information you find on the internet may not be true. Check information and advice on other websites, in books or ask someone who may know.



**TELL** – Tell your parent/carer or teacher if someone or something makes you feel uncomfortable or worried, or you or someone you know is being cyberbullied.



# What parents can do...

- ☺ Install software to protect your **computer's security**
- ☺ **Be careful** which sites the rest of the family visit
- ☺ Use a **family email address** for shopping and online forms
- ☺ Use the **free technology**: pop-up blockers & SPAM filters; and your good judgement: don't reply to SPAM!
- ☺ Check sites for extra **security** (padlock/https)



# What can parents do...

- ☺ **Get involved** with your children online and encourage balanced use - set time limits
- ☺ Make sure they know **who to talk to** if they feel uncomfortable
- ☺ Talk about the consequences of giving out **personal info** or making **information public**
- ☺ Keep the **computer in a family room**
- ☺ **Agree rules** as a family - meeting up



# What parents can do...

- ☺ **Talk to your children** about what to do if they do come across something unpleasant and **teach them to be critical**
- ☺ Use child-friendly **search engines** or set a search filter
- ☺ Encourage them to use **browser tools** – Bookmarks & History
- ☺ Install **filtering** but don't rely on it
- ☺ Find **appropriate sites** to visit and try not to overreact – lots of inappropriate content viewed accidentally



# Social networking tips

## 1. POSITIVE:

- Stay positive about social networking sites – try to strike a balance between educating children and young people to behave safely and trusting them to get on with it.

## 2. PRIVACY:

- Make sure that children know how to protect themselves on social networking sites through the tools provided.
- Encourage your child to keep their passwords private
- Work with them to check the privacy settings on their account which limit how much of their information can be seen by others – for example, encourage your child to change their settings to private so that only people they allow can see what they post and comment on their space.



# The 5 P's

## 3. PHOTOS:

- If children wants to include a photo on their site or profile help them think about the implications of posting photos and what is suitable.
- It is important to think about the type of picture and the kind of attention it might attract, the information it could divulge and who could see it.
- Suggest that your child ask permission of other people in the images that they post.
- Be aware that photos can be easily copied, changed, shared, used elsewhere, and can potentially stay online forever. One question to ask your child is “would they want a future employer to see this photo?”



# The 5 P's

## 4. POSTINGS:

- Make sure you help your child to think before they post. Set some ground rules about what is and isn't OK to say in a blog or profile.
- This relates to what the child says about others as much as about themselves. What starts off as a joke or gossip can quickly escalate to cause real pain which cannot be taken back.

## 5. POLICE:

- It's really important that you encourage your child to tell you about inappropriate or illegal activity they may come across.
- If you suspect your child is being groomed by someone with a sexual interest in children, it's vital that you help them keep a copy of the offending images or messages and report them to the police via the Child Exploitation and Online Protection Centre website [www.ceop.gov.uk/reportabuse](http://www.ceop.gov.uk/reportabuse). or the report abuse button
- If they are being harassed by another user, report that person's screen name to the SN provider which hopefully will act on violations to its terms of service.



# Mobile Phone Safety

- ☺**Know** how your child's phone works (e.g. Bluetooth, Internet access)
- ☺**Agree** the type of content that you would be happy for them to download, knowingly receive or send on to others
- ☺**Save** any abusive messages/inappropriate images for evidence purposes
- ☺**Decide together** what are acceptable bills
- ☺**Encourage** balanced use – switching off at mealtimes, bedtime.



# Information In An Instant



Download the 'Click CEOP' button into your browser toolbar to provide instant access to internet safety information for children and parents.

**Already have Internet Explorer 8?**

[Add the 'Click CEOP' button to your toolbar](#)

