AUTUMN/WINTER 2023/24

WEEK COMMENCING

September 18, October 9, October 30, November 20, December 11, January 1, January 22, February 12





Vegetarian meals are available upon request

Margherita pizza Gluten Milk Soya pommes noisette Milk vegetable sticks OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish

& mixed salad

Southern style burger in a bun Gluten Egg Milk Sesame jacket wedges, carrot sticks & ranch salad Egg **OR**

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad

Roast turkey, stuffing & gravy Gluten roast OR mashed potatoes cabbage & carrots

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad

MSC fish cake Gluten Fish diced potatoes, garden peas, crunchy veg & tomato ketchup

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad

MAIN MEAL

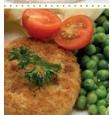








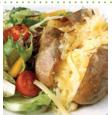






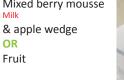








DESSERT Mixed berry mousse





Fruit flapjack Gluten



OR

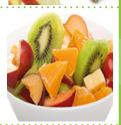
Fruit







OR Fruit



Cornflake tart & custard Gluten Sulphur dioxide OR Fruit



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

www.nottinghamshire.gov.uk/schoolmeals





AUTUMN/WINTER 2023/24



WEEK COMMENCING

September 4, September 25, October 16, November 6, November 27, December 18, January 8, January 29



Vegetarian meals are available upon request

MAIN MEAL

DESSERT



Quorn dippers Gluten roast baby potatoes sweetcorn & cucumber sticks OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Chocolate sponge & chocolate sauce Egg Gluten Milk

OR

Fruit



TUESDAY

Nottinghamshire sausage & gravy Gluten Sulphur Dioxide

Yorkshire pudding Egg Gluten Milk mashed potato, broccoli & carrots OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Jelly & fruit
OR
Fruit





Cheesy tomato pasta Gluten Milk garlic bread Gluten Milk Soya carrot & cucumber sticks

OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Raspberry swirl sponge
Egg Gluten

& custard Milk

OR Fruit

Fruit



THURSDAY

Roast pork, stuffing & gravy Gluten
Yorkshire pudding Milk Egg Gluten roast OR
mashed potato, cabbage & fresh carrots

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Honey & oatmeal cookie Gluten
OR
Fruit



FRIDAY

MSC fish finger wrap Gluten Fish
Pommes noisette Milk, crunchy veg,
sweetcorn & tomato ketchup
OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Strawberry ice-cream tub Milk
OR



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

www.nottinghamshire.gov.uk/schoolmeals



AUTUMN/WINTER 2023/24

WEEK COMMENCING

September 11, October 2, October 23, November 13 December 4, December 25, January 15, February 5





Vegetarian meals are available upon request

MAIN MEAL



Vegan roll & gravy Gluten baby roast potatoes garden peas & fresh carrots OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Chocolate brownie OR



Meatballs in tomato sauce Gluten Egg pasta & crunchy vegetables

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Raspberry ripple ice cream roll Milk Soya Egg

OR Fruit

Fruit



Cheese & tomato pizza Milk Soya Gluten roast potatoes, sweetcorn cobette

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad



Honey cake Milk Egg Gluten & custard Milk OR Fruit

Fruit cookie Gluten

Fruit



Roast Gammon & gravy, Yorkshire pudding Milk Egg Gluten roast OR mashed potatoes carrots & broccoli OR

Jacket potato with baked beans, cheese Milk or tuna mayonnaise Egg Fish & mixed salad

MSC breaded fish portion Gluten Fish

Jacket potato with baked beans,











oven chips, garden peas & sweetcorn tomato ketchup

cheese Milk or tuna mayonnaise Egg Fish & mixed salad





ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

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